

DRAW

Subd. 1		Subd. 2		Subd. 3		Subd. 4		Subd. 5		Subd. 6	
FX	TEAM 1	FX	TEAM 5	FX	TEAM 9	FX	TEAM 13	FX	TEAM 17	FX	TEAM 21
PH	TEAM 2	PH	TEAM 6	PH	TEAM 10	PH	TEAM 14	PH	TEAM 18	PH	TEAM 22
SR	TEAM 3	SR	TEAM 7	SR	TEAM 11	SR	TEAM 15	SR	TEAM 19	SR	TEAM 23
VT	TEAM 4	VT	TEAM 8	VT	TEAM 12	VT	TEAM 16	VT	TEAM 20	VT	TEAM 24
PB	AA 1	PB	AA 3	PB	AA 5	PB	AA 7	PB	AA 9	PB	AS 1
HB	AA 2	HB	AA 4	HB	AA 6	HB	AA 8	HB	AA 10	HB	AS 2

Competition

SUB 1
SUB 2
SUB 3
SUB 4
SUB 5
SUB 6

FX	PH	SR	VT	PB	HB
TEAM 1	TEAM 2	TEAM 3	TEAM 4	AA 1	AA 2
TEAM 5	TEAM 6	TEAM 7	TEAM 8	AA 3	AA 4
TEAM 9	TEAM 10	TEAM 11	TEAM 12	AA 5	AA 6
TEAM 13	TEAM 14	TEAM 15	TEAM 16	AA 7	AA 8
TEAM 17	TEAM 18	TEAM 19	TEAM 20	AA 9	AA 10
TEAM 21	TEAM 22	TEAM 23	TEAM 24	AS 1	AS 2



Tuesday, 13 October 2026

	Stretching Area	Training Hall #1	Stretching Area	Training Hall #2	Warm-Up Hall	FOP
7:15:00						
7:30:00						
7:45:00						
8:00:00						
8:15:00						
8:30:00						
8:45:00						
9:00:00						
9:15:00	S-DIV 1 09:15-09:30		S-DIV 5 09:15-09:30			
9:30:00						
9:45:00						
10:00:00						
10:15:00						
10:30:00						
10:45:00						
11:00:00						
11:15:00						
11:30:00						
11:45:00						
12:00:00						
12:15:00	S-DIV 2 12:15-12:30		S-DIV 6 12:15-12:30			
12:30:00						
12:45:00						
13:00:00						
13:15:00						
13:30:00						
13:45:00						
14:00:00						
14:15:00						
14:30:00						
14:45:00						
15:00:00						
15:15:00						
15:30:00						
15:45:00						
16:00:00	S-DIV 3 16:00-16:15					
16:15:00						
16:30:00						
16:45:00						
17:00:00						
17:15:00						
17:30:00						
17:45:00						
18:00:00						
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18:30:00						
18:45:00						
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19:45:00						
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20:15:00						
20:30:00						
20:45:00						
21:00:00						
21:15:00						
21:30:00						
21:45:00						
22:00:00						
22:15:00						
22:30:00						
22:45:00						
23:00:00						

MAG Training Day

	General Warm-up		Apparatus Training	
	Start	Finish	Start	Finish
S-DIV 1	9:15:00	9:30:00	9:30:00	12:30:00
S-DIV 2	12:15:00	12:30:00	12:30:00	15:30:00
S-DIV 3	16:00:00	16:15:00	16:15:00	19:15:00
S-DIV 4	18:15:00	18:30:00	18:30:00	21:30:00
S-DIV 5	9:15:00	9:30:00	9:30:00	12:30:00
S-DIV 6	12:15:00	12:30:00	12:30:00	15:30:00
OPEN	20:00:00	20:15:00	20:15:00	21:30:00



Training Hall #1

30 min/rotation		00:30					
Subdivision 1		FX	PH	SR	VT	PB	HB
9:15	9:30	General Warm-up					
9:30	10:00	TEAM 1	TEAM 2	TEAM 3	TEAM 4	AA 1	AA 2
10:00	10:30	AA 2	TEAM 1	TEAM 2	TEAM 3	TEAM 4	AA 1
10:30	11:00	AA 1	AA 2	TEAM 1	TEAM 2	TEAM 3	TEAM 4
11:00	11:30	TEAM 4	AA 1	AA 2	TEAM 1	TEAM 2	TEAM 3
11:30	12:00	TEAM 3	TEAM 4	AA 1	AA 2	TEAM 1	TEAM 2
12:00	12:30	TEAM 2	TEAM 3	TEAM 4	AA 1	AA 2	TEAM 1

30 min/rotation		00:30					
Subdivision 2		FX	PH	SR	VT	PB	HB
12:15	12:30	General Warm-up					
12:30	13:00	TEAM 5	TEAM 6	TEAM 7	TEAM 8	AA 3	AA 4
13:00	13:30	AA 4	TEAM 5	TEAM 6	TEAM 7	TEAM 8	AA 3
13:30	14:00	AA 3	AA 4	TEAM 5	TEAM 6	TEAM 7	TEAM 8
14:00	14:30	TEAM 8	AA 3	AA 4	TEAM 5	TEAM 6	TEAM 7
14:30	15:00	TEAM 7	TEAM 8	AA 3	AA 4	TEAM 5	TEAM 6
15:00	15:30	TEAM 6	TEAM 7	TEAM 8	AA 3	AA 4	TEAM 5

30 min/rotation		00:30					
Subdivision 3		FX	PH	SR	VT	PB	HB
16:00	16:15	General Warm-up					
16:15	16:45	TEAM 9	TEAM 10	TEAM 11	TEAM 12	AA 5	AA 6
16:45	17:15	AA 6	TEAM 9	TEAM 10	TEAM 11	TEAM 12	AA 5
17:15	17:45	AA 5	AA 6	TEAM 9	TEAM 10	TEAM 11	TEAM 12
17:45	18:15	TEAM 12	AA 5	AA 6	TEAM 9	TEAM 10	TEAM 11
18:15	18:45	TEAM 11	TEAM 12	AA 5	AA 6	TEAM 9	TEAM 10
18:45	19:15	TEAM 10	TEAM 11	TEAM 12	AA 5	AA 6	TEAM 9

12 min 30 sec/rot.		00:12					
MAG Open for AS		FX	PH	SR	VT	PB	HB
20:00	20:15	General Warm-up					
20:15	20:27	Open Training for Apparatus Specialists					
20:27	20:40						
20:40	20:52						
20:52	21:05						
21:05	21:17						
21:17	21:30						

Training Hall #2

30 min/rotation		00:30					
Subdivision 5		FX	PH	SR	VT	PB	HB
9:15	9:30	General Warm-up					
9:30	10:00	TEAM 17	TEAM 18	TEAM 19	TEAM 20	AA 9	AA 10
10:00	10:30	AA 10	TEAM 17	TEAM 18	TEAM 19	TEAM 20	AA 9
10:30	11:00	AA 9	AA 10	TEAM 17	TEAM 18	TEAM 19	TEAM 20
11:00	11:30	TEAM 20	AA 9	AA 10	TEAM 17	TEAM 18	TEAM 19
11:30	12:00	TEAM 19	TEAM 20	AA 9	AA 10	TEAM 17	TEAM 18
12:00	12:30	TEAM 18	TEAM 19	TEAM 20	AA 9	AA 10	TEAM 17

30 min/rotation		00:30					
Subdivision 6		FX	PH	SR	VT	PB	HB
12:15	12:30	General Warm-up					
12:30	13:00	TEAM 21	TEAM 22	TEAM 23	TEAM 24	AS 1	AS 2
13:00	13:30	AS 2	TEAM 21	TEAM 22	TEAM 23	TEAM 24	AS 1
13:30	14:00	AS 1	AS 2	TEAM 21	TEAM 22	TEAM 23	TEAM 24
14:00	14:30	TEAM 24	AS 1	AS 2	TEAM 21	TEAM 22	TEAM 23
14:30	15:00	TEAM 23	TEAM 24	AS 1	AS 2	TEAM 21	TEAM 22
15:00	15:30	TEAM 22	TEAM 23	TEAM 24	AS 1	AS 2	TEAM 21

30 min/rotation		00:30					
Subdivision 4		FX	PH	SR	VT	PB	HB
18:15	18:30	General Warm-up					
18:30	19:00	TEAM 13	TEAM 14	TEAM 15	TEAM 16	AA 7	AA 8
19:00	19:30	AA 8	TEAM 13	TEAM 14	TEAM 15	TEAM 16	AA 7
19:30	20:00	AA 7	AA 8	TEAM 13	TEAM 14	TEAM 15	TEAM 16
20:00	20:30	TEAM 16	AA 7	AA 8	TEAM 13	TEAM 14	TEAM 15
20:30	21:00	TEAM 15	TEAM 16	AA 7	AA 8	TEAM 13	TEAM 14
21:00	21:30	TEAM 14	TEAM 15	TEAM 16	AA 7	AA 8	TEAM 13

SSG Interval	FX	PI	SR	V1	PD	PD
17.55	18.10					
18.10	18.28	TEAM 13	TEAM 14	TEAM 15	TEAM 16	AA 7
18.28	18.46	AA 8	TEAM 13	TEAM 14	TEAM 15	AA 7
18.46	19.05	AA 7	AA 8	TEAM 13	TEAM 14	TEAM 15
19.05	19.23	TEAM 16	AA 7	AA 8	TEAM 13	TEAM 14
19.23	19.41	TEAM 15	TEAM 16	AA 7	AA 8	TEAM 13
19.41	20.00	TEAM 14	TEAM 15	TEAM 16	AA 7	AA 8

12 min 30 sec/rot.		00:12					
MAG Open for AS		FX	PH	SR	VT	PB	HB
20:00	20:15	General Warm-up					
20:15	20:27	Open Training for Apparatus Specialists					
20:27	20:40						
20:40	20:52						
20:52	21:05						
21:05	21:17						
21:17	21:30						

	Stretching Area	Training Hall #1	Stretching Area	Training Hall #2	Warm-Up Hall	FOP
7:15:00						
7:30:00						
7:45:00						
8:00:00						
8:15:00						
8:30:00						
8:45:00						
9:00:00						
9:15:00	S-DIV 5 09:15-09:30		S-DIV 1 09:15-09:30			
9:30:00		S-DIV 5 09:30-12:30		S-DIV 1 09:30-12:30		
9:45:00						
10:00:00						
10:15:00						
10:30:00						
10:45:00						
11:00:00						
11:15:00						
11:30:00						
11:45:00						
12:00:00						
12:15:00	S-DIV 6 12:15-12:30		S-DIV 2 12:15-12:30			
12:30:00		S-DIV 6 12:30-15:30		S-DIV 2 12:30-15:30		
12:45:00						
13:00:00						
13:15:00						
13:30:00						
13:45:00						
14:00:00						
14:15:00						
14:30:00						
14:45:00						
15:00:00						
15:15:00						
15:30:00						
15:45:00						
16:00:00			S-DIV 3 16:00-16:15			
16:15:00				S-DIV 3 16:15-19:15		
16:30:00						
16:45:00						
17:00:00						
17:15:00						
17:30:00						
17:45:00						
18:00:00						
18:15:00	S-DIV 4 18:15-18:30					
18:30:00		S-DIV 4 18:30-21:30				
18:45:00						
19:00:00						
19:15:00						
19:30:00						
19:45:00						
20:00:00				OPEN for AS 20:00-21:30		
20:15:00						
20:30:00						
20:45:00						
21:00:00						
21:15:00						
21:30:00						
21:45:00						
22:00:00						
22:15:00						
22:30:00						
22:45:00						
23:00:00						

General Warm-up		Apparatus Training		
	Start	Finish	Start	Finish
S-DIV 1	9:15:00	9:30:00	9:30:00	12:30:00
S-DIV 2	12:15:00	12:30:00	12:30:00	15:30:00
S-DIV 3	16:00:00	16:15:00	16:15:00	19:15:00
S-DIV 4	18:15:00	18:30:00	18:30:00	21:30:00
S-DIV 5	9:15:00	9:30:00	9:30:00	12:30:00
S-DIV 6	12:15:00	12:30:00	12:30:00	15:30:00
OPEN	20:00:00	20:15:00	20:15:00	21:30:00



30 min/rotation		00:30					
Subdivision 5		FX	PH	SR	VT	PB	HB
9:15	9:30	General Warm-up					
9:30	10:00	TEAM 17	TEAM 18	TEAM 19	TEAM 20	AA 9	AA 10
10:00	10:30	AA 10	TEAM 17	TEAM 18	TEAM 19	TEAM 20	AA 9
10:30	11:00	AA 9	AA 10	TEAM 17	TEAM 18	TEAM 19	TEAM 20
11:00	11:30	TEAM 20	AA 9	AA 10	TEAM 17	TEAM 18	TEAM 19
11:30	12:00	TEAM 19	TEAM 20	AA 9	AA 10	TEAM 17	TEAM 18
12:00	12:30	TEAM 18	TEAM 19	TEAM 20	AA 9	AA 10	TEAM 17

30 min/rotation		00:30					
Subdivision 1		FX	PH	SR	VT	PB	HB
9:15	9:30	General Warm-up					
9:30	10:00	TEAM 1	TEAM 2	TEAM 3	TEAM 4	AA 1	AA 2
10:00	10:30	AA 2	TEAM 1	TEAM 2	TEAM 3	TEAM 4	AA 1
10:30	11:00	AA 1	AA 2	TEAM 1	TEAM 2	TEAM 3	TEAM 4
11:00	11:30	TEAM 4	AA 1	AA 2	TEAM 1	TEAM 2	TEAM 3
11:30	12:00	TEAM 3	TEAM 4	AA 1	AA 2	TEAM 1	TEAM 2
12:00	12:30	TEAM 2	TEAM 3	TEAM 4	AA 1	AA 2	TEAM 1

Subdivision 6		FX	PH	SR	VT	PB	HB
12:15	12:30	General Warm-up					
12:30	13:00	TEAM 21	TEAM 22	TEAM 23	TEAM 24	AS 1	AS 2
13:00	13:30	AS 2	TEAM 21	TEAM 22	TEAM 23	TEAM 24	AS 1
13:30	14:00	AS 1	AS 2	TEAM 21	TEAM 22	TEAM 23	TEAM 24
14:00	14:30	TEAM 24	AS 1	AS 2	TEAM 21	TEAM 22	TEAM 23
14:30	15:00	TEAM 23	TEAM 24	AS 1	AS 2	TEAM 21	TEAM 22
15:00	15:30	TEAM 22	TEAM 23	TEAM 24	AS 1	AS 2	TEAM 21

Subdivision 2		FX	PH	SR	VT	PB	HB
12:15	12:30	General Warm-up					
12:30	13:00	TEAM 5	TEAM 6	TEAM 7	TEAM 8	AA 3	AA 4
13:00	13:30	AA 4	TEAM 5	TEAM 6	TEAM 7	TEAM 8	AA 3
13:30	14:00	AA 3	AA 4	TEAM 5	TEAM 6	TEAM 7	TEAM 8
14:00	14:30	TEAM 8	AA 3	AA 4	TEAM 5	TEAM 6	TEAM 7
14:30	15:00	TEAM 7	TEAM 8	AA 3	AA 4	TEAM 5	TEAM 6
15:00	15:30	TEAM 6	TEAM 7	TEAM 8	AA 3	AA 4	TEAM 5

Subdivision 4		FX	PH	SR	VT	PB	HB
16:00	16:15	General Warm-up					
16:15	16:45	TEAM 13	TEAM 14	TEAM 15	TEAM 16	AA 7	AA 8
16:45	17:15	AA 8	TEAM 13	TEAM 14	TEAM 15	TEAM 16	AA 7
17:15	17:45	AA 7	AA 8	TEAM 13	TEAM 14	TEAM 15	TEAM 16
17:45	18:15	TEAM 16	AA 7	AA 8	TEAM 13	TEAM 14	TEAM 15
18:15	18:45	TEAM 15	TEAM 16	AA 7	AA 8	TEAM 13	TEAM 14
18:45	19:15	TEAM 14	TEAM 15	TEAM 16	AA 7	AA 8	TEAM 13

Subdivision 3		FX	PH	SR	VT	PB	HB
18:15	18:30	General Warm-up					
18:30	19:00	TEAM 9	TEAM 10	TEAM 11	TEAM 12	AA 5	AA 6
19:00	19:30	AA 6	TEAM 9	TEAM 10	TEAM 11	TEAM 12	AA 5
19:30	20:00	AA 5	AA 6	TEAM 9	TEAM 10	TEAM 11	TEAM 12
20:00	20:30	TEAM 12	AA 5	AA 6	TEAM 9	TEAM 10	TEAM 11
20:30	21:00	TEAM 11	TEAM 12	AA 5	AA 6	TEAM 9	TEAM 10
21:00	21:30	TEAM 10	TEAM 11	TEAM 12	AA 5	AA 6	TEAM 9

MAG Open for AS		FX	PH	SR	VT	PB	HB
20:00	20:15	General Warm-up					
20:15	20:27	Open Training for Apparatus Specialists					
20:27	20:40						
20:40	20:52						
20:52	21:05						
21:05	21:17						
21:17	21:30						

MAG Qualifications Sub 1-4								
	General Warm-up		Apparatus Training		Warm-up		FOP	
	Start	Finish	Start	Finish	Start	Finish	Start	Finish
S-DIV 1	8:30:00	18:15:00	18:15:00	17:45:00	8:15:00	8:45:00	10:00:00	11:50:00
S-DIV 2	10:00:00	18:15:00	18:15:00	17:45:00	10:25:00	11:55:00	12:00:00	14:00:00
S-DIV 3	6:30:00	8:45:00	8:45:00	10:15:00	8:15:00	9:45:00	10:00:00	17:50:00
S-DIV 4	10:30:00	10:45:00	10:45:00	12:15:00	18:25:00	17:55:00	18:10:00	20:00:00
S-DIV 5	10:00:00	10:15:00	10:15:00	13:15:00				
S-DIV 6	12:15:00	12:30:00	12:30:00	15:30:00				
OPEN		20:15:00	20:15:00	21:30:00				



Training Hall #1							
30 min/rotation		00:15					
Subdivision 3	FX	PH	SR	VT	PB	HB	
8:30	8:45	General Warm-up					
8:45	9:00	TEAM 9	TEAM 10	TEAM 11	TEAM 12	AA 5	AA 6
9:00	9:15	AA 6	TEAM 9	TEAM 10	TEAM 11	TEAM 12	AA 5
9:15	9:30	AA 5	TEAM 9	TEAM 10	TEAM 11	TEAM 12	AA 6
9:30	9:45	AA 5	AA 6	TEAM 9	TEAM 10	TEAM 11	TEAM 12
9:45	10:00	TEAM 11	TEAM 12	AA 5	AA 6	TEAM 9	TEAM 10
10:00	10:15	TEAM 10	TEAM 11	TEAM 12	AA 5	AA 6	TEAM 9

Training Hall #2							
15 min/rotation		00:15					
Subdivision 4		FX	PH	SR	VT	PB	HB
10:30	10:45	General Warm-up					
10:45	11:00	TEAM 13	TEAM 14	TEAM 15	TEAM 16	AA 7	AA 8
11:00	11:15	AA 8	TEAM 13	TEAM 14	TEAM 15	TEAM 16	AA 7
11:15	11:30	AA 7	TEAM 13	TEAM 14	TEAM 15	TEAM 16	TEAM 18
11:30	11:45	TEAM 16	AA 7	AA 8	TEAM 13	TEAM 14	TEAM 15
11:45	12:00	TEAM 15	TEAM 16	AA 7	AA 8	TEAM 13	TEAM 14
12:00	12:15	TEAM 14	TEAM 15	TEAM 16	AA 7	AA 8	TEAM 13

30 min/rotation		00:30						
Subdivision 5		FX	PH	SR	VT	P6	H6	
10:00	10:15	General Warm-up						
10:15	10:45	TEAM 17	TEAM 18	TEAM 19	TEAM 20	AA 9	AA 10	
10:45	11:15	AA 10	TEAM 17	TEAM 18	TEAM 19	TEAM 20	AA 9	
11:15	11:45	AA 9	AA 10	TEAM 17	TEAM 18	TEAM 19	TEAM 20	
11:45	12:15	TEAM 20	AA 9	AA 10	TEAM 17	TEAM 18	TEAM 19	
12:15	12:45	TEAM 19	TEAM 20	AA 9	AA 10	TEAM 17	TEAM 18	
12:45	13:15	TEAM 18	TEAM 19	TEAM 20	AA 9	AA 10	TEAM 17	

30 min/rotation		00:30					
Subdivision 6		FX	PH	SR	YT	PB	H6
12:15	12:30	General Warm-up					
12:30	13:00	TEAM 21	TEAM 22	TEAM 23	TEAM 24	AS 1	AS 2
13:00	13:30	AS 2	TEAM 21	TEAM 22	TEAM 23	TEAM 24	AS 1
13:30	14:00	AS 1	AS 2	TEAM 21	TEAM 22	TEAM 23	TEAM 24
14:00	14:30	TEAM 24	AS 1	AS 2	TEAM 21	TEAM 22	TEAM 23
14:30	15:00	TEAM 23	TEAM 24	AS 1	AS 2	TEAM 21	TEAM 22
15:00	15:30	TEAM 22	TEAM 23	TEAM 24	AS 1	AS 2	TEAM 21

15 min/rotation		00:15						
Subdivision 1		FX	PH	SR	VT	PB	HB	
16:00	16:15	General Warm-up						
16:15	16:30	TEAM 1	TEAM 2	TEAM 3	TEAM 4	AA 1	AA 2	
16:30	16:45	AA 2	TEAM 1	TEAM 2	TEAM 3	TEAM 4	AA 1	
16:45	17:00	AA 1	AA 2	TEAM 1	TEAM 2	TEAM 3	TEAM 4	
17:00	17:15	TEAM 4	AA 1	AA 2	TEAM 1	TEAM 2	TEAM 3	
17:15	17:30	TEAM 3	TEAM 4	AA 1	AA 2	TEAM 1	TEAM 2	
17:30	17:45	TEAM 2	TEAM 3	TEAM 4	AA 1	AA 2	TEAM 1	

15 min/rotation		00:15						
Subdivision 2		FX	PH	SR	VT	PB	HB	
18:00	18:15	General Warm-up						
18:15	18:30	TEAM 5	TEAM 6	TEAM 7	TEAM 8	AA 3	AA 4	
18:30	18:45	AA 4	TEAM 5	TEAM 6	TEAM 7	TEAM 8	AA 3	
18:45	19:00	AA 3	AA 4	TEAM 5	TEAM 6	TEAM 7	TEAM 8	
19:00	19:15	TEAM 8	AA 3	AA 4	TEAM 5	TEAM 6	TEAM 7	
19:15	19:30	TEAM 7	TEAM 8	AA 3	AA 4	TEAM 5	TEAM 6	
19:30	19:45	TEAM 6	TEAM 7	TEAM 8	AA 3	AA 4	TEAM 5	

12 min 30 sec/rot.	00:12					
MAG Open for AS	FX	PH	SR	VT	PB	HB
20:00	20:15	General Warm-up				
20:15	20:27	Open Training for Apparatus Specialists				
20:27	20:40					
20:40	20:52					
20:52	21:05					
21:05	21:17					
21:17	21:30					

Warm-up							
12 min and 30 sec/rot.		00:12					
Subdivision 1		FX	PH	SR	VT	PB	HB
8:15	8:30	General Warm-up					
8:30	8:42	AA 2	TEAM 1	TEAM 2	TEAM 3	TEAM 4	AA 1
8:42	8:55	AA 1	AA 2	TEAM 1	TEAM 2	TEAM 3	TEAM 4
8:55	9:07	TEAM 4	AA 1	AA 2	TEAM 1	TEAM 2	TEAM 3
9:07	9:20	TEAM 3	TEAM 4	AA 1	AA 2	TEAM 1	TEAM 2
9:20	9:32	TEAM 2	TEAM 3	TEAM 4	AA 1	AA 2	TEAM 1
9:32	9:45	TEAM 1	TEAM 2	TEAM 3	TEAM 4	AA 1	AA 2

12 min and 30 sec./rot.		00:12						
Subdivision 2		FX	PH	SR	VT	PB	HB	
10:25	10:40	General Warm-up						
10:40	10:52	AA 4	TEAM 5	TEAM 6	TEAM 7	TEAM 8	AA 3	
10:52	11:05	AA 3	AA 4	TEAM 5	TEAM 6	TEAM 7	TEAM 8	
11:05	11:17	AA 3	AA 4	TEAM 5	TEAM 6	TEAM 7	TEAM 8	
11:17	11:30	TEAM 7	TEAM 8	AA 3	AA 4	TEAM 5	TEAM 6	
11:30	11:42	TEAM 6	TEAM 7	TEAM 8	AA 3	AA 4	TEAM 5	
11:42	11:55	TEAM 5	TEAM 6	TEAM 7	TEAM 8	AA 3	AA 4	

12 min and 30 sec./rot.	00:12					
Subdivision 3	FX	PH	SR	VT	PB	HB
14:15	14:30	General Warm-up				
14:30	14:42	AA 6	TEAM 9	TEAM 10	TEAM 11	AA 5
14:42	14:55	AA 5	AA 6	TEAM 9	TEAM 11	TEAM 12
14:57	15:07	TEAM 10	TEAM 12	AA 5	TEAM 9	TEAM 10
15:07	15:20	TEAM 11	TEAM 12	AA 6	TEAM 9	TEAM 10
15:20	15:32	TEAM 10	TEAM 11	TEAM 12	AA 5	TEAM 9
15:32	15:45	TEAM 9	TEAM 10	TEAM 11	TEAM 12	AA 6

12 min and 30 sec./rot.	00:12						
Subdivision 4	FX	PH	SR	VT	PB	HB	
16:25	16:40	General Warm-up					
16:40	16:52	AA 8	TEAM 13	TEAM 14	TEAM 15	TEAM 16	AA 7
16:52	17:05	AA 7	AA 8	TEAM 13	TEAM 14	TEAM 15	TEAM 16
17:05	17:17	TEAM 16	AA 7	AA 8	TEAM 13	TEAM 14	TEAM 15
17:17	17:30	TEAM 16	AA 7	AA 8	TEAM 13	TEAM 14	TEAM 15
17:30	17:42	TEAM 14	TEAM 15	TEAM 16	AA 7	AA 8	TEAM 13
17:42	17:55	TEAM 13	TEAM 14	TEAM 15	TEAM 16	AA 7	AA 8

FOP							
18 min/rot.		00:18					
Subdivision 1		FX	PH	SR	VT	PB	HB
9:45	10:00	Transition					
10:00	10:18	TEAM 1	TEAM 2	TEAM 3	TEAM 4	AA 1	AA 2
10:18	10:36	AA 2	TEAM 1	TEAM 2	TEAM 3	TEAM 4	AA 1
10:36	10:55	TEAM 1	TEAM 1	TEAM 2	TEAM 3	TEAM 4	TEAM 4
10:55	11:13	TEAM 4	AA 1	AA 2	TEAM 1	TEAM 2	TEAM 3
11:13	11:31	TEAM 3	TEAM 4	AA 1	AA 2	TEAM 1	TEAM 2
11:31	11:50	TEAM 2	TEAM 3	TEAM 4	AA 1	AA 2	TEAM 1

18 min/rot.	00:18	FX	PH	SR	VT	PB	HB
Subdivision 2							
11:55	12:10						
12:10	12:28	TEAM 5	TEAM 6	TEAM 7	TEAM 8	AA 3	AA 4
12:28	12:46	AA 4	TEAM 5	TEAM 6	TEAM 7	TEAM 8	AA 3
12:46	13:05	AA 3	AA 4	TEAM 5	TEAM 6	TEAM 7	TEAM 8
13:05	13:23	TEAM 8	AA 3	AA 4	TEAM 5	TEAM 6	TEAM 7
13:23	13:41	TEAM 7	TEAM 8	AA 3	AA 4	TEAM 5	TEAM 6
13:41	14:00	TEAM 6	TEAM 7	TEAM 8	AA 3	AA 4	TEAM 5

18 min/rot.	00:18						
Subdivision 3	FX	PH	SR	VT	PB	HB	
15:45	16:00	Transition					
16:00	16:18	TEAM 9	TEAM 10	TEAM 11	TEAM 12	AA 5	AA 6
16:18	16:36	AA 6	TEAM 9	TEAM 10	TEAM 11	TEAM 12	AA 5
16:36	16:54	AA 5	TEAM 9	TEAM 10	TEAM 11	TEAM 12	TEAM 1
16:55	17:13	TEAM 12	AA 5	TEAM 9	TEAM 10	TEAM 12	TEAM 11
17:13	17:31	TEAM 11	TEAM 12	AA 5	AA 6	TEAM 9	TEAM 10
17:31	17:50	TEAM 10	TEAM 11	TEAM 12	AA 5	AA 6	TEAM 9

18 min/rot.	Subdivision 4	00:18	PH	SR	VT	PB	HB
17:55	18:10	Transition					
18:10	18:20	TEAM 13	TEAM 14	TEAM 15	TEAM 16	AA 7	AA 8
18:28	18:46	AA 8	TEAM 13	TEAM 14	TEAM 15	TEAM 16	AA 7
18:46	19:05	AA 7	AA 8	TEAM 13	TEAM 14	TEAM 15	TEAM 16
19:05	19:23	AA 7	AA 8	AA 9	TEAM 13	TEAM 14	TEAM 15
19:23	19:41	TEAM 15	TEAM 16	AA 7	AA 8	TEAM 13	TEAM 14
19:41	20:00	TEAM 14	TEAM 15	TEAM 16	AA 7	AA 8	TEAM 13

Sunday, 18 October 2026						
Stretching Judo	Training Hall #1	Stretching Judo	Training Hall #2	Warm-Up Hall	FOP	
7:15:00						
7:30:00						
7:45:00						
8:00:00						
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22:45:00						
23:00:00						

MAG Qualifications Sub 5-6

	General Warm-up				Apparatus Training				Warm-up				FOP			
	Start	Finish	Start	Finish	Start	Finish	Start	Finish	Start	Finish	Start	Finish	Start	Finish	Start	Finish
S-DIV 1	10:00:00	10:15:00	10:15:00	10:30:00	10:30:00	10:45:00										
S-DIV 2	12:15:00	12:30:00	12:30:00	12:45:00	12:45:00	13:00:00										
S-DIV 3	15:00:00	15:15:00	15:15:00	15:30:00	15:30:00	15:45:00										
S-DIV 4	18:15:00	18:30:00	18:30:00	18:45:00	18:45:00	19:00:00										
S-DIV 5	16:00:00	16:15:00	16:15:00	16:30:00	16:30:00	16:45:00	16:45:00	17:00:00	17:00:00	17:15:00	17:15:00	17:30:00	17:30:00	17:45:00	17:45:00	18:00:00
S-DIV 6	18:00:00	18:15:00	18:15:00	18:30:00	18:30:00	18:45:00	18:45:00	19:00:00	19:00:00	19:15:00	19:15:00	19:30:00	19:30:00	19:45:00	19:45:00	20:00:00
OPEN	20:00:00	20:15:00	20:15:00	20:30:00	20:30:00	20:45:00	20:45:00	21:00:00	21:00:00	21:15:00	21:15:00	21:30:00	21:30:00	21:45:00	21:45:00	22:00:00

Training Hall #1

30 min/rotation 00:30											
Subdivision 2	FX	PH	SR	VT	PB	HB	General Warm-up				
12:15	12:30						12:30	13:00	TEAM 5	TEAM 6	TEAM 7
13:00	13:30	AA 4	TEAM 5	TEAM 6	TEAM 7	TEAM 8	13:00	13:30	AA 4	TEAM 5	TEAM 6
13:30	14:00	AA 3	AA 4	TEAM 5	TEAM 6	TEAM 7	13:30	14:00	AA 3	AA 4	TEAM 5
14:00	14:30	TEAM 8	AA 3	AA 4	TEAM 5	TEAM 6	14:00	14:30	TEAM 8	AA 3	AA 4
14:30	15:00	TEAM 7	TEAM 8	AA 3	AA 4	TEAM 5	14:30	15:00	TEAM 7	TEAM 8	AA 3
15:00	15:30	TEAM 6	TEAM 7	TEAM 8	AA 3	AA 4	15:00	15:30	TEAM 6	TEAM 7	TEAM 8

15 min/rotation 00:15											
Subdivision 1	FX	PH	SR	VT	PB	HB	General Warm-up				
16:00	16:15						16:15	16:30	TEAM 17	TEAM 18	TEAM 19
16:15	16:30	AA 10	TEAM 17	TEAM 18	TEAM 19	TEAM 20	16:30	16:45	AA 10	TEAM 17	TEAM 18
16:45	17:00	AA 9	AA 10	TEAM 17	TEAM 18	TEAM 19	16:45	17:00	AA 9	AA 10	TEAM 17
17:00	17:15	TEAM 20	AA 9	AA 10	TEAM 17	TEAM 18	17:00	17:15	TEAM 20	AA 9	AA 10
17:15	17:30	TEAM 19	TEAM 20	AA 9	AA 10	TEAM 17	17:15	17:30	TEAM 19	TEAM 20	AA 9
17:30	17:45	TEAM 18	TEAM 19	TEAM 20	AA 9	AA 10	17:30	17:45	TEAM 18	TEAM 19	TEAM 20

30 min/rotation 00:30											
Subdivision 4	FX	PH	SR	VT	PB	HB	General Warm-up				
18:15	18:30						18:30	19:00	TEAM 13	TEAM 14	TEAM 15
18:30	19:00	AA 8	TEAM 13	TEAM 14	TEAM 15	TEAM 16	18:30	19:00	AA 8	TEAM 13	TEAM 14
19:00	19:30	AA 7	AA 8	TEAM 13	TEAM 14	TEAM 15	19:00	19:30	AA 7	AA 8	TEAM 13
19:30	20:00	TEAM 16	AA 7	AA 8	TEAM 13	TEAM 14	19:30	20:00	TEAM 16	AA 7	AA 8
20:00	20:30	TEAM 15	TEAM 16	AA 7	AA 8	TEAM 13	20:00	20:30	TEAM 15	TEAM 16	AA 7
20:30	21:00	TEAM 14	TEAM 15	TEAM 16	AA 7	AA 8	20:30	21:00	TEAM 14	TEAM 15	TEAM 16
21:00	21:30	TEAM 13	TEAM 14	TEAM 15	TEAM 16	AA 7	21:00	21:30	TEAM 13	TEAM 14	TEAM 15

Training Hall #2

30 min/rotation 00:30											
Subdivision 1	FX	PH	SR	VT	PB	HB	General Warm-up				
10:00	10:15						10:15	10:45	TEAM 1	TEAM 2	TEAM 3
10:15	10:45	AA 1	TEAM 1	TEAM 2	TEAM 3	TEAM 4	10:45	11:15	AA 2	TEAM 1	TEAM 2
11:15	11:45	AA 1	AA 2	TEAM 1	TEAM 2	TEAM 3	11:15	11:45	AA 1	AA 2	TEAM 1
11:45	12:15	TEAM 4	AA 1	AA 2	TEAM 1	TEAM 2	11:45	12:15	TEAM 4	AA 1	AA 2
12:15	12:45	TEAM 3	TEAM 4	AA 1	AA 2	TEAM 1	12:15	12:45	TEAM 3	TEAM 4	AA 1
12:45	13:15	TEAM 2	TEAM 3	TEAM 4	AA 1	AA 2	12:45	13:15	TEAM 2	TEAM 3	TEAM 4

30 min/rotation 00:30											
Subdivision 3	FX	PH	SR	VT	PB	HB	General Warm-up				
15:00	15:15						15:15	15:45	TEAM 8	TEAM 10	TEAM 11
15:15	15:45	AA 6	TEAM 8	TEAM 10	TEAM 11	TEAM 12	15:45	16:15	AA 6	TEAM 8	TEAM 10
16:15	16:45	AA 5	AA 6	TEAM 8	TEAM 10	TEAM 11	16:15	16:45	AA 5	AA 6	TEAM 8
16:45	17:15	TEAM 12	AA 5	AA 6	TEAM 8	TEAM 10	16:45	17:15	TEAM 12	AA 5	AA 6
17:15	17:45	TEAM 11	TEAM 12	AA 5	AA 6	TEAM 8	17:15	17:45	TEAM 11	TEAM 12	AA 5
17:45	18:15	TEAM 10	TEAM 11	TEAM 12	AA 5	AA 6	17:45	18:15	TEAM 10	TEAM 11	TEAM 12

15 min/rotation 00:15											
Subdivision 6	FX	PH	SR	VT	PB	HB	General Warm-up				
18:00	18:15						18:15	19:30	TEAM 21	TEAM 22	TEAM 23
18:15	19:30	AS 1	AS 2	TEAM 21	TEAM 22	TEAM 23	18:15	19:30	AS 1	AS 2	TEAM 21
19:30	20:00	AS 1	AS 2	TEAM 21	TEAM 22	TEAM 23	19:30	20:00	AS 1	AS 2	TEAM 21
20:00	20:30	TEAM 24	AS 1	AS 2	TEAM 21	TEAM 22	20:00	20:30	TEAM 24	AS 1	AS 2
20:30	21:00	TEAM 23	TEAM 24	AS 1	AS 2	TEAM 21	20:30	21:00	TEAM 23	TEAM 24	AS 1
21:00	21:30	TEAM 22	TEAM 23	TEAM 24	AS 1	AS 2	21:00	21:30	TEAM 22	TEAM 23	TEAM 24

12 min 30 sec/rot 00:12											
MAG Open for AS	FX	PH	SR	VT	PB	HB	General Warm-up				
20:00	20:15						20:15	20:27			
20:15	20:27						20:27	20:40			
20:40	20:52						20:52	21:06			
21:06	21:17						21:17	21:30			
21:30	21:45						21:45	22:00			



Warm-up

12 min and 30 sec/rot 00:12											
Subdivision 5	FX	PH	SR	VT	PB	HB	General Warm-up				
8:15	8:30						8:30	8:42	AA 10	TEAM 17	TEAM 18
8:42	8:55	AA 9	AA 10	TEAM 17	TEAM 18	TEAM 19	8:42	8:55	AA 9	AA 10	TEAM 17
8:55	9:07	TEAM 20	AA 9	AA 10	TEAM 17	TEAM 18	8:55	9:07	TEAM 20	AA 9	AA 10
9:07	9:20	TEAM 19	TEAM 20	AA 9	AA 10	TEAM 17	9:07	9:20	TEAM 19	TEAM 20	AA 9
9:20	9:32	TEAM 18	TEAM 19	TEAM 20	AA 9	AA 10	9:20	9:32	TEAM 18	TEAM 19	TEAM 20
9:32	9:45	TEAM 17	TEAM 18	TEAM 19	TEAM 20	AA 9	9:32	9:45	TEAM 17	TEAM 18	TEAM 19

12 min and 30 sec/rot.		00:12					
Subdivision 6		FX	PH	SR	VT	PB	HB
10:25	10:40	General Warm-up					
10:40	10:52	AS 2	TEAM 21	TEAM 22	TEAM 23	TEAM 24	AS 1
10:52	11:05	AS 1	AS 2	TEAM 21	TEAM 22	TEAM 23	TEAM 24
11:05	11:17	TEAM 24	AS 1	AS 2	TEAM 21	TEAM 22	TEAM 23
11:17	11:30	TEAM 24	AS 1	AS 2	TEAM 21	TEAM 22	TEAM 23
11:30	11:42	TEAM 22	TEAM 23	TEAM 24	AS 1	AS 2	TEAM 21
11:42	11:55	TEAM 21	TEAM 22	TEAM 23	TEAM 24	AS 1	AS 2

	Stretching Area	Training Hall #1	Warm-Up Hall	FOP
7:15:00				
7:30:00				
7:45:00				
8:00:00				
8:15:00				
8:30:00				
8:45:00				
9:00:00				
9:15:00				
9:30:00				
9:45:00				
10:00:00				
10:15:00		Open Training 09:00-12:00		
10:30:00				
10:45:00				
11:00:00				
11:15:00				
11:30:00				
11:45:00				
12:00:00				
12:15:00		MAG Team Final Training 12:00-15:00		
12:30:00				
12:45:00				
13:00:00				
13:15:00				
13:30:00				
13:45:00				
14:00:00				
14:15:00				
14:30:00				
14:45:00				
15:00:00				
15:15:00		MAG Apparatus Final Training 15:00-18:00		
15:30:00				
15:45:00				
16:00:00				
16:15:00				
16:30:00				
16:45:00				
17:00:00				
17:15:00				
17:30:00				
17:45:00				
18:00:00		MAG All Around Final Training 18:00-21:00		
18:15:00				
18:30:00				
18:45:00				
19:00:00				
19:15:00				
19:30:00				
19:45:00				
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22:15:00				
22:30:00				
22:45:00				
23:00:00				

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Training Hall #1

25 min/rot.	00:25					
MAG Open - Training	FX	PH	SR	VT	PB	HB
9:00	9:30	General Warm-up				
9:30	9:55	Open Training				
9:55	10:20					
10:20	10:45					
10:45	11:10					
11:10	11:35					
11:35	12:00					

25 min/rot.		00:25					
MAG TF - Training		FX	PH	SR	VT	PB	HB
12:00	12:30	General Warm-up					
12:30	12:55	TF Q1-Q2	TF Q3-Q4	TF Q5-Q6	TF Q7-Q8		
12:55	13:20		TF Q1-Q2	TF Q3-Q4	TF Q5-Q6	TF Q7-Q8	
13:20	13:45			TF Q1-Q2	TF Q3-Q4	TF Q5-Q6	TF Q7-Q8
13:45	14:10	TF Q7-Q8			TF Q1-Q2	TF Q3-Q4	TF Q5-Q6
14:10	14:35	TF Q5-Q6	TF Q7-Q8			TF Q1-Q2	TF Q3-Q4
14:35	15:00	TF Q3-Q4	TF Q5-Q6	TF Q7-Q8			TF Q1-Q2

25 min/rot.	00:25					
MAG AF - Training	FX	PH	SR	VT	PB	HB
15:00	General Warm-up					
15:30	FX Q1-Q8 + R	PH Q1-Q8 + R	SR Q1-Q8 + R	VT Q1-Q8 + R	PB Q1-Q8 + R	HB Q1-Q8 + R
15:30						
15:55						
16:20						
16:45						
17:10						
17:35						

25 min/rot.	00:25						
MAG AAF - Training		FX	PH	SR	VT	PB	HB
	0:30	General Warm-up					
0:30	0:55	AA Q1-Q4	AA Q5-Q8	AA Q9-Q12 + R4**	AA Q13-Q16 + R3**	AA Q17-Q20 + R2**	AA Q21-Q24 + R1**
0:55	1:20	AA Q21-Q24 + R1**	AA Q1-Q4	AA Q5-Q8	AA Q9-Q12 + R4**	AA Q13-Q16 + R3**	AA Q17-Q20 + R2**
1:20	1:45	AA Q17-Q20 + R2**	AA Q21-Q24 + R1**	AA Q1-Q4	AA Q5-Q8	AA Q9-Q12 + R4**	AA Q13-Q16 + R3**
1:45	2:10	AA Q13-Q16 + R3**	AA Q17-Q20 + R2**	AA Q21-Q24 + R1**	AA Q1-Q4	AA Q5-Q8	AA Q9-Q12 + R4**
2:10	2:35	AA Q9-Q12 + R4**	AA Q13-Q16 + R3**	AA Q17-Q20 + R2**	AA Q21-Q24 + R1**	AA Q1-Q4	AA Q5-Q8
2:35	3:00	AA Q5-Q8	AA Q9-Q12 + R4**	AA Q13-Q16 + R3**	AA Q17-Q20 + R2**	AA Q21-Q24 + R1**	AA Q1-Q4



Time	Shooting Area	Training 100-21	Practice 100-21	FGP
7:00-7:15				
7:30-7:45				
8:00-8:15				
8:30-8:45				
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61:00-61:15				

[illegible]

* Non qualified Gymnasts and NF substitute
** for NF without qualified MAG Gymnast

Training Reg #1									
20 min/lot		00:20							
Mod 1F - Training		FX	PH	GR	VT	FT	FB	HB	
10:00	10:30			General Warm-Up					
10:30	10:50	TF Q1-Q2		TF Q3-Q4	TF Q1-Q2	TF Q3-Q4			
10:50	11:10		TF Q1-Q2		TF Q3-Q4	TF Q1-Q2	TF Q3-Q4		
11:10	11:30			TF Q1-Q2	TF Q3-Q4	TF Q5-Q6		TF Q7-Q8	
11:30	11:50	TF Q7-Q8			TF Q1-Q2	TF Q3-Q4	TF Q5-Q6		
11:50	12:10		TF Q5-Q6			TF Q7-Q8	TF Q3-Q4	TF Q5-Q6	
12:10	12:30		TF Q5-Q6		TF Q7-Q8			TF Q1-Q2	

25 min/rot.	00:25					
Mag AF - Training	FX	PH	SR	VT	PB	HB
12:30	General Warm-up					
13:00						
13:25						
13:50						
14:15						
14:40						
15:05						
15:30						
16:00	FX Q1-Q8 + R	PH Q1-Q8 + R	SR Q1-Q8 + R	VT Q1-Q8 + R	PB Q1-Q8 + R	HB Q1-Q8 + R

25 min/lot		00:25						
MAG AA - Training		FX	PH	SR	VT	General Warm-up		HB
15:30	16:00							
16:00	16:25	AA Q1-Q4	AA Q5-Q8	AA Q9-Q12 + R4*	AA Q13-Q16 + R3*	AA Q17-Q20 + R2*	AA Q21-Q24 + R1**	
16:25	16:50	AA Q21-Q24 + R1**	AA Q1-Q4	AA Q5-Q8	AA Q9-Q12 + R4*	AA Q13-Q16 + R3*	AA Q17-Q20 + R2*	AA Q21-Q24 + R1**
16:50	17:15	AA Q1-Q4 + R3*	AA Q5-Q8 + R1**	AA Q9-Q12 + R4*	AA Q13-Q16 + R3*	AA Q17-Q20 + R2*	AA Q21-Q24 + R1**	
17:15	17:40	AA Q1-Q4 + R3*	AA Q1-Q20 + R2**	AA Q1-Q24 + R1**	AA Q1-Q24 + R1**	AA Q1-Q24 + R1**	AA Q1-Q24 + R1**	
17:40	18:05	AA Q1-Q12 + R4*	AA Q13-Q16 + R3*	AA Q17-Q20 + R2**	AA Q21-Q24 + R1**	AA Q1-Q4	AA Q25-08	
18:05	18:30	AA Q5-Q8	AA Q9-Q12 + R4*	AA Q13-Q16 + R3*	AA Q17-Q20 + R2**	AA Q21-Q24 + R1**	AA Q1-Q4	

25 min/rot.	00:25							
MAG Open - Training		FX	PH	SR	VT	PB		HB
18:30	19:00	General Warm-up						
19:00	19:25	Open Training						
19:25	19:50							
19:50	20:15							
20:15	20:40							
20:40	21:05							
21:05	21:30							



Warmup									
15 min rest		00:15							
MAD Team Total		FX	PH	General Warmup				VT	HB
17:30	17:45								
17:45	18:00		TF Q1-Q2	TF Q3-Q4	TF Q5-Q6	TF Q7-Q8	TF Q9-Q10	TF Q11-Q12	TF Q13-Q14
18:00	18:15			TF Q1-Q2	TF Q3-Q4	TF Q5-Q6	TF Q7-Q8	TF Q9-Q10	TF Q11-Q12
18:15	18:30	TF Q1-Q8			TF Q1-Q2	TF Q3-Q4	TF Q5-Q6	TF Q7-Q8	TF Q9-Q10
18:30	18:45	TF Q9-Q16	TF Q1-Q8				TF Q1-Q2	TF Q3-Q4	TF Q5-Q6
18:45	19:00		TF Q9-Q16	TF Q1-Q8			TF Q1-Q2	TF Q3-Q4	TF Q5-Q6
19:00	19:15	TF Q1-Q8	TF Q9-Q16	TF Q1-Q8			TF Q1-Q2	TF Q3-Q4	TF Q5-Q6

FGP									
27 min 30 wachet		00:27							
Main Team Final		FX	PH	Version		VT	PB	160	
19:30	19:30								
19:30	19:57	TF Q1-Q2	TF Q3-Q4	TF Q5-Q6	TF Q7-Q8	TF Q1-Q8			
19:57	20:25	TF Q1-Q2	TF Q1-Q2	TF Q1-Q2	TF Q5-Q8	TF Q7-Q8			
20:25	20:53				TF Q1-Q4	TF Q5-Q8			TF Q1-Q8
20:53	20:52	TF Q7-Q8			TF Q1-Q2	TF Q3-Q4	TF Q5-Q8		TF Q1-Q8
21:00	21:47	TF Q5-Q6	TF Q7-Q8			TF Q1-Q2	TF Q1-Q2	TF Q3-Q4	
21:47	22:15	TF Q3-Q4	TF Q5-Q8	TF Q1-Q8					TF Q1-Q2
22:15	22:30			Award Ceremony					

	Stretching Area	Training Hall #1	Warm-Up Hall	FOP
7:15:00				
7:30:00				
7:45:00				
8:00:00				
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8:30:00				
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21:45:00				
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22:15:00				
22:30:00				
22:45:00				
23:00:00				

[illegible]

** for NF without qualified MAG Gymnast

25 min/rot.	00:25					
MAG Open - Training	FX	PH	SR	VT	PB	HB
10:00	10:30	General Warm-up				
10:30	10:55					
10:55	11:20					
11:20	11:45	Open Training				
11:45	12:10					
12:10	12:35					
12:35	13:00					

25 min/rot.		00:25					
MAG AF - Training		FX	PH	SR	VT	PB	HB
13:00	13:30	General Warm-up					
13:30	13:55	FX Q1-Q8 + R	PH Q1-Q8 + R	SR Q1-Q8 + R	VT Q1-Q8 + R	PB Q1-Q8 + R	HB Q1-Q8 + R
13:55	14:20						
14:20	14:45						
14:45	15:10						
15:10	15:35						
15:35	16:00						

25 min/rot.		00:25					
MAG AAF - Training		FX	PH	SR	VT	PB	HB
16:00	16:30	General Warm-up					
16:30	16:55	AA Q1-Q4	AA Q5-Q8	AA Q9-Q12 + R4**	AA Q13-Q16 + R3**	AA Q17-Q20 + R2**	AA Q21-Q24 + R1**
16:55	17:20	AA Q21-Q24 + R1**	AA Q1-Q4	AA Q5-Q8	AA Q9-Q12 + R4**	AA Q13-Q16 + R3**	AA Q17-Q20 + R2**
17:20	17:45	AA Q17-Q20 + R2**	AA Q21-Q24 + R1**	AA Q1-Q4	AA Q5-Q8	AA Q9-Q12 + R4**	AA Q13-Q16 + R3**
17:45	18:10	AA Q13-Q16 + R3**	AA Q17-Q20 + R2**	AA Q21-Q24 + R1**	AA Q1-Q4	AA Q5-Q8	AA Q9-Q12 + R4**
18:10	18:35	AA Q9-Q12 + R4**	AA Q13-Q16 + R3**	AA Q17-Q20 + R2**	AA Q21-Q24 + R1**	AA Q1-Q4	AA Q5-Q8
18:35	19:00	AA Q5-Q8	AA Q9-Q12 + R4**	AA Q13-Q16 + R3**	AA Q17-Q20 + R2**	AA Q21-Q24 + R1**	AA Q1-Q4



Thursday, 22 October 2020				
Start/Finish	Start	Finish	Activity	FO?
7:15:00				
7:30:00				
7:45:00				
8:00:00				
8:15:00				
8:30:00				
8:45:00				
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22:15:00				
22:30:00				
22:45:00				
23:00:00				

[illegible]

* Non-qualified Gymnasts and NF substitutes

²² for NF without qualified MAG Gymnast

Training Hall #1									
20 meeting		00:20							
After AM - Training	FX	PH	PH	GR	VT	PB	HB		
10:00	10:00				General warm-up				
10:05	10:05	AA Q1:04 + R#1	AA Q1:04 + R#1	AA Q1:04 + R#1	AA Q1:04 + R#1	AA Q1:04 + R#1	AA Q1:04 + R#1	AA Q1:04 + R#1	AA Q1:04 + R#1
10:10	10:10	AA Q1:02 + R#1	AA Q1:04	AA Q1:04	AA Q1:04	AA Q1:04	AA Q1:04	AA Q1:04	AA Q1:04
11:10	11:10	AA Q1:02 + R#1	AA Q1:04	AA Q1:04	AA Q1:04	AA Q1:04	AA Q1:04	AA Q1:04	AA Q1:04
11:20	11:20	AA Q1:04 + R#1	AA Q1:02 + R#1	AA Q1:04 + R#1	AA Q1:04	AA Q1:04	AA Q1:04	AA Q1:04	AA Q1:04
11:30	11:30	AA Q1:02 + R#1	AA Q1:04 + R#1	AA Q1:04 + R#1	AA Q1:04 + R#1	AA Q1:04	AA Q1:04	AA Q1:04	AA Q1:04
12:10	12:10	AA Q1:02 + R#1	AA Q1:04 + R#1	AA Q1:04 + R#1	AA Q1:04 + R#1	AA Q1:04	AA Q1:04	AA Q1:04	AA Q1:04

25 min/rot.	00.25						
Mid AF - Training	FX	PH	SR	VT	PB	HB	
13.15	13.45	General Warm-up					
13.45	14.10	FX Q1-Q8 + R	PH Q1-Q8 + R	SR Q1-Q8 + R	VT Q1-Q8 + R	PB Q1-Q8 + R	
14.10	14.35						HB Q1-Q8 + R
14.35	15.00						
15.00	15.25						
15.25	15.50						
15.50	16.15						

25 min/rel	00:25							
	FX	PH	SR	VT	PB	HB		
MMD Open - Training								
16:15	16:45	General Warm-up						
16:45	17:10							
17:10	17:35							
17:35	18:00	Open Training						
18:00	18:25							
18:25	18:50							
18:50	19:15							

[illegible]

FOP									
00:22									
22 min 30 w/hold									
MAE: 0.00 Annual FOP									
FX		PH		SR		VT		FB	
19:15	19:30	Innovation							
19:30	19:30	AA-01-Q1	AA-05-G8	AA-09-Q12 + R1*	AA-01-Q18 + R3**	AA-01-Q20 + R2**	AA-01-Q24 + R1*	AA-01-Q28 + R1*	AA-01-Q32
20:35	20:15	AA-01-Q2 + R1**	AA-01-Q14	AA-01-Q28	AA-01-Q12 + R4*	AA-01-Q18 + R3**	AA-01-Q20 + R2**	AA-01-Q24 + R1*	AA-01-Q28 + R1*
20:37	20:37	AA-01-Q12 + R4*	AA-01-Q18 + R3**	AA-01-Q20 + R2**	AA-01-Q24 + R1*	AA-01-Q28 + R1*	AA-01-Q32	AA-01-Q36 + R1*	AA-01-Q40
20:37	20:15	AA-01-Q18 + R3**	AA-01-Q20 + R2**	AA-01-Q24 + R1*	AA-01-Q28 + R1*	AA-01-Q32	AA-01-Q36 + R1*	AA-01-Q40	AA-01-Q44
21:00	21:20	AA-09-Q12 + R1*	AA-01-Q18 + R3**	AA-01-Q20 + R2**	AA-01-Q24 + R1*	AA-01-Q28 + R1*	AA-01-Q32	AA-01-Q36 + R1*	AA-01-Q40
21:02	21:40	Award Ceremony							
21:05	22:00								

	Stretching Area	Training Hall #1	Warm-Up Hall	FOP
7:15:00				
7:30:00				
7:45:00				
8:00:00				
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8:30:00				
8:45:00				
9:00:00				
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10:45:00				
11:00:00				
11:15:00				
11:30:00				
11:45:00				
12:00:00				
12:15:00		Open Training 12:00-15:00		
12:30:00				
12:45:00				
13:00:00				
13:15:00				
13:30:00				
13:45:00				
14:00:00				
14:15:00				
14:30:00				
14:45:00				
15:00:00		MAG Apparatus Final Training 15:00-18:00		
15:15:00				
15:30:00				
15:45:00				
16:00:00				
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16:30:00				
16:45:00				
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Training Hall #1

MAG Open - Training		FX	PH	SR	VT	PB	HB
12:00	12:30	General Warm-up					
12:30	12:55	Open Training					
12:55	13:20						
13:20	13:45						
13:45	14:10						
14:10	14:35						
14:35	15:00						

MAG AF - Training		FX	PH	SR	VT	PB	HB
15:00	15:30	General Warm-up					
15:30	15:55	FX Q1-Q8 + R	PH Q1-Q8 + R	SR Q1-Q8 + R	VT Q1-Q8 + R	PB Q1-Q8 + R	HB Q1-Q8 + R
15:55	16:20						
16:20	16:45						
16:45	17:10						
17:10	17:35						
17:35	18:00						



Endowment: 24 October 2020			
Investment	Market Value	Value	Cost
7-2020			
8-2020			
9-2020			
10-2020			
11-2020			
12-2020			
1-2021			
2-2021			
3-2021			
4-2021			
5-2021			
6-2021			
7-2021			
8-2021			
9-2021			
10-2021			
11-2021			
12-2021			
1-2022			
2-2022			
3-2022			
4-2022			
5-2022			
6-2022			
7-2022			
8-2022			
9-2022			
10-2022			
11-2022			
12-2022			
1-2023			
2-2023			
3-2023			
4-2023			
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3-2032			
4-2032			

[illegible]

FOP - Training			
01.00			
FOP - Training		FX	FX
12.00	13.00	General Warnings and System Training	

Warm-up				
Warm-up/Stretch Time		FA	PST	SB
12:00	18:00	General Warm-up and Open Warm-up		

FOP - Composite			
Year/Quarter/Year	FA	RII	RII
13-15	14.00	10.00	10.00
14-16	14.50	10.50	10.50
14-16	15.25	11.00	11.00
15-17	15.50	11.50	11.50
15-17	16.00	12.00	12.00
16-18	17.00	13.00	13.00
17-19	18.00	14.00	14.00
18-20	19.00	15.00	15.00
19-21	20.00	16.00	16.00
20-22	21.00	17.00	17.00
21-23	22.00	18.00	18.00
22-24	23.00	19.00	19.00
23-25	24.00	20.00	20.00
24-26	25.00	21.00	21.00
25-27	26.00	22.00	22.00
26-28	27.00	23.00	23.00
27-29	28.00	24.00	24.00
28-30	29.00	25.00	25.00
29-31	30.00	26.00	26.00
30-32	31.00	27.00	27.00
31-33	32.00	28.00	28.00
32-34	33.00	29.00	29.00
33-35	34.00	30.00	30.00
34-36	35.00	31.00	31.00
35-37	36.00	32.00	32.00
36-38	37.00	33.00	33.00
37-39	38.00	34.00	34.00
38-40	39.00	35.00	35.00
39-41	40.00	36.00	36.00
40-42	41.00	37.00	37.00
41-43	42.00	38.00	38.00
42-44	43.00	39.00	39.00
43-45	44.00	40.00	40.00
44-46	45.00	41.00	41.00
45-47	46.00	42.00	42.00
46-48	47.00	43.00	43.00
47-49	48.00	44.00	44.00
48-50	49.00	45.00	45.00
49-51	50.00	46.00	46.00
50-52	51.00	47.00	47.00
51-53	52.00	48.00	48.00
52-54	53.00	49.00	49.00
53-55	54.00	50.00	50.00
54-56	55.00	51.00	51.00
55-57	56.00	52.00	52.00
56-58	57.00	53.00	53.00
57-59	58.00	54.00	54.00
58-60	59.00	55.00	55.00
59-61	60.00	56.00	56.00
60-62	61.00	57.00	57.00
61-63	62.00	58.00	58.00
62-64	63.00	59.00	59.00
63-65	64.00	60.00	60.00
64-66	65.00	61.00	61.00
65-67	66.00	62.00	62.00
66-68	67.00	63.00	63.00
67-69	68.00	64.00	64.00
68-70	69.00	65.00	65.00
69-71	70.00	66.00	66.00
70-72	71.00	67.00	67.00
71-73	72.00	68.00	68.00
72-74	73.00	69.00	69.00
73-75	74.00	70.00	70.00
74-76	75.00	71.00	71.00
75-77	76.00	72.00	72.00
76-78	77.00	73.00	73.00
77-79	78.00	74.00	74.00
78-80	79.00	75.00	75.00
79-81	80.00	76.00	76.00
80-82	81.00	77.00	77.00
81-83	82.00	78.00	78.00
82-84	83.00	79.00	79.00
83-85	84.00	80.00	80.00
84-86	85.00	81.00	81.00
85-87	86.00	82.00	82.00
86-88	87.00	83.00	83.00
87-89	88.00	84.00	84.00
88-90	89.00	85.00	85.00
89-91	90.00	86.00	86.

Sunday, 29 October 2024				
Streaming	TV	Free	TV	Free
7:00-8:00				
7:20-8:00				
8:00-8:30				
8:30-9:00				
9:00-9:30				
9:30-10:00				
10:00-10:30				
10:30-11:00				
11:00-11:30				
11:30-12:00				
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20:30-21:00				
21:00-21:30				
21:30-22:00				
22:00-22:30				
22:30-23:00				
23:00-23:30				
23:30-00:00				

[illegible]

* including Reserves and NF substitute
** Non qualified Gymnasts only

Training week #1							
24 November	02:25	VI	IX	IXB			
		Morning training					
02:25	02:25						
03:25	03:25						
04:25	04:25						
05:25	05:25						
06:25	06:25						
07:25	07:25						
08:25	08:25						
09:25	09:25						
10:25	10:25						
11:25	11:25						
12:25	12:25						
13:25	13:25						
14:25	14:25						
15:25	15:25						
16:25	16:25						
17:25	17:25						
18:25	18:25						
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FOP - Training			
01.00			
FOP - Training		VI	PS
13.00	13.00	General Working and Open Training	



Warm-up			
Warm-up Activities		VI	VB
12:00	18:00	General Warm-up and Open Warm-up	

[illegible]